

3RD ANNUAL SUCCESSFUL AGING DEMENTIA CONFERENCE



successful
AGING
CONFERENCE
▶ Dementia edition

Oct. 29: Understanding What's Happening in the Brain

Elaine Poker-Yount, CDP, PACT™ Certified Trainer

Having a basic grasp of the way a brain diagnosed with dementia functions, it's easier for us to see options for handling everyday tasks more successfully.

Nov. 5: Skills to Facilitate Everyday Tasks

Michelle Cornelius, LMSW, EdM

Shelly Drews, MBA HCM, ALFM, CDP, CADDCT

Shelly and Michelle will roleplay several ways to handle daily situations, demonstrating how different approaches can produce less stress and better outcomes.

Nov. 12: Supportive Services Day

Featured Speaker: Jan Dougherty

Conquering the Battle of Isolation and the Loneliness

Joan Marlow, Life Coach, Alt. Health Practitioner

By themselves, isolation and loneliness are tough to handle; together they create havoc. We'll explore ways to manage them and create space to breathe.

Essential Tips for Safe Travel & Visits

Jan Dougherty, MS, RN, FAAN

Connection to family and friends is essential to living well with dementia. The current pandemic presents challenges. Learn successful strategies for safe visits at home and while traveling.

Funding Your Long-term Care Needs

Steve Dabbs, AIF®, CMP™, CEP®, CLTC®

John Null, Certified LTC Consultant

Proactive planning is critical to your financial well-being. Steve and John will discuss the LTC options available, to help you assess the best path forward to funding your long-term needs.

Keynote Speaker

Nov. 19: What Really Matters and What We Wish We Knew Earlier

Maribeth Gallagher, DNP, FAAN

As dementia progresses, palliative care can maximize comfort in body, mind, spirit, and optimize quality of life.

2020

DEMENTIA CONFERENCE

"REAL TOOLS FOR REAL LIFE"



Dr. Maribeth
Gallagher



Jan
Dougherty



Michelle
Cornelius



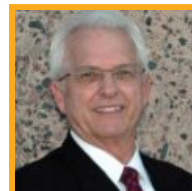
Shelly
Drews



Joan
Marlow



Steve
Dabbs



John
Null



Elaine
Poker-Yount

\$24.99 for all 6 sessions
Live and On Demand

Thursdays, Oct. 29 - Nov. 19
12:00 P.M. - 1:30 P.M.

More Details and Registration at: SuccessfulAgingAZ.com

Join this year's Annual Dementia Conference from the comforts of home. Our focus is sharing information about dementia in a way that provides you with the opportunity to see and learn how to better work with and meet your care partner where they are in their journey. Experts and advocates will provide new information and the tools you need for everyday living. Pop in early to discover products and services from our sponsors who have been handpicked to help you as you navigate the changes ahead. We want you to feel like you're not alone on this journey. We're all here to help.

Questions? Call Elaine Poker-Yount

480-203-8548

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